



The **ONLY** FDA-approved treatment for reducing excess abdominal fat in HIV-infected patients with lipodystrophy<sup>1</sup>

There is more to treating people with HIV than viral suppression

# REDUCE THE IMPACT OF CENTRAL ADIPOSITY



Hear how **EGRIFTA SV<sup>®</sup>** could help a patient like Tim



FDA = Food and Drug Administration; HIV = human immunodeficiency virus.

## IMPORTANT SAFETY INFORMATION

### Indication

**EGRIFTA SV<sup>®</sup>** is indicated for the reduction of excess abdominal fat in HIV-infected adult patients with lipodystrophy.

### Limitations of Use:

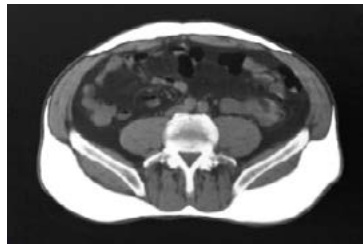
- The impact and safety of **EGRIFTA SV<sup>®</sup>** on cardiovascular health have not been studied.
- **EGRIFTA SV<sup>®</sup>** is not indicated for weight loss management.
- It is not known whether taking **EGRIFTA SV<sup>®</sup>** helps improve compliance with anti-retroviral medications.

# Understanding and identifying central adiposity in HIV

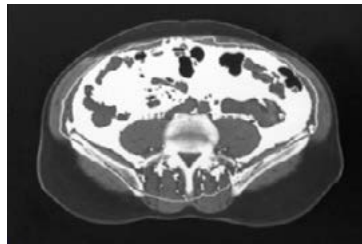
People with HIV (PWHIV) have an increased risk in developing excess visceral abdominal fat.<sup>2</sup>

- Excess visceral abdominal fat is the abnormal accumulation of visceral fat in the abdominal cavity and is present around internal organs.<sup>3</sup>
- The pathogenesis of excess visceral abdominal fat in PWHIV appears to be multifactorial, including contributions from:<sup>3</sup>
  - Antiretroviral therapy (ART)
  - HIV infection itself
  - Growth hormone (GH) deficiency<sup>4</sup>

The location of fat matters: Comparing subcutaneous fat vs. visceral abdominal fat



Subcutaneous fat



Visceral abdominal fat

## Identify excess visceral abdominal fat with 3 simple steps<sup>3</sup>

- 1 Palpate** the midsection for firmness or rigidity
- 2 Measure** waist and hip circumferences
- 3 Calculate** waist-to-hip ratio<sup>†</sup>

WC = waist circumference.  
<sup>†</sup>Waist-to-hip ratio = waist circumference/hip circumference.  
<sup>‡</sup>Reference values are based on inclusion criteria in clinical trials.

### Indicators for excess visceral abdominal fat:<sup>3†‡</sup>



Waist circumference:	≥37.4 in (95 cm)	≥37 in (94 cm)
Waist-to-hip ratio:	≥0.94	≥0.88

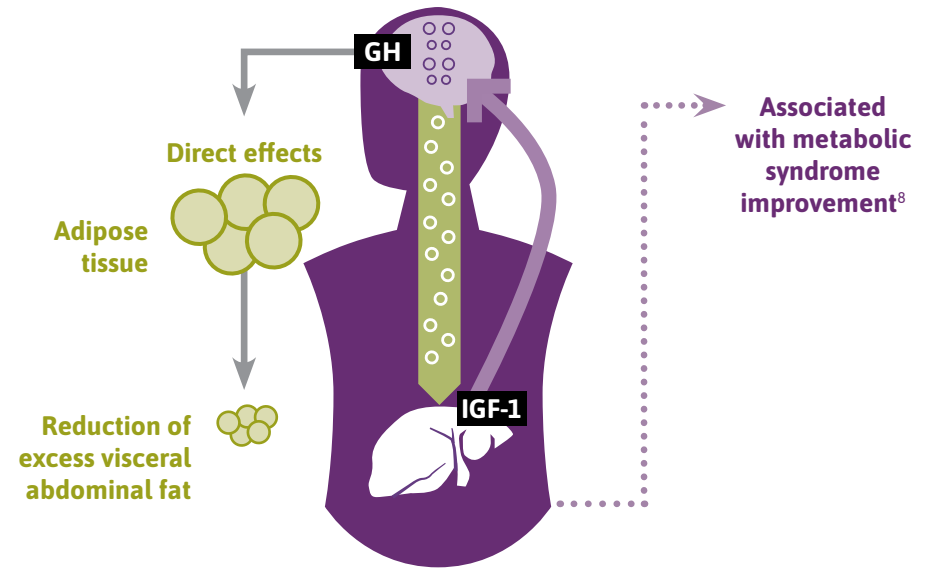
**BMI and WC are independently associated with excess visceral abdominal fat.**<sup>5,6</sup>

## EGRIFTA SV<sup>®</sup>:

# A unique mechanism of action that helps break down excess visceral abdominal fat in PWHIV<sup>1</sup>

## GH deficiency has been observed in PWHIV.<sup>7</sup>

EGRIFTA SV<sup>®</sup> is an analog of GHRH that stimulates the body to secrete its own GH in a pulsatile manner, resulting in both anabolic and lipolytic effects.<sup>1</sup>



## The solution to excess visceral abdominal fat may not be diet and exercise alone.

GH = growth hormone; GHRH = growth hormone-releasing hormone.

### IMPORTANT SAFETY INFORMATION



#### Contraindications:

Do not use EGRIFTA SV<sup>®</sup> if patient:

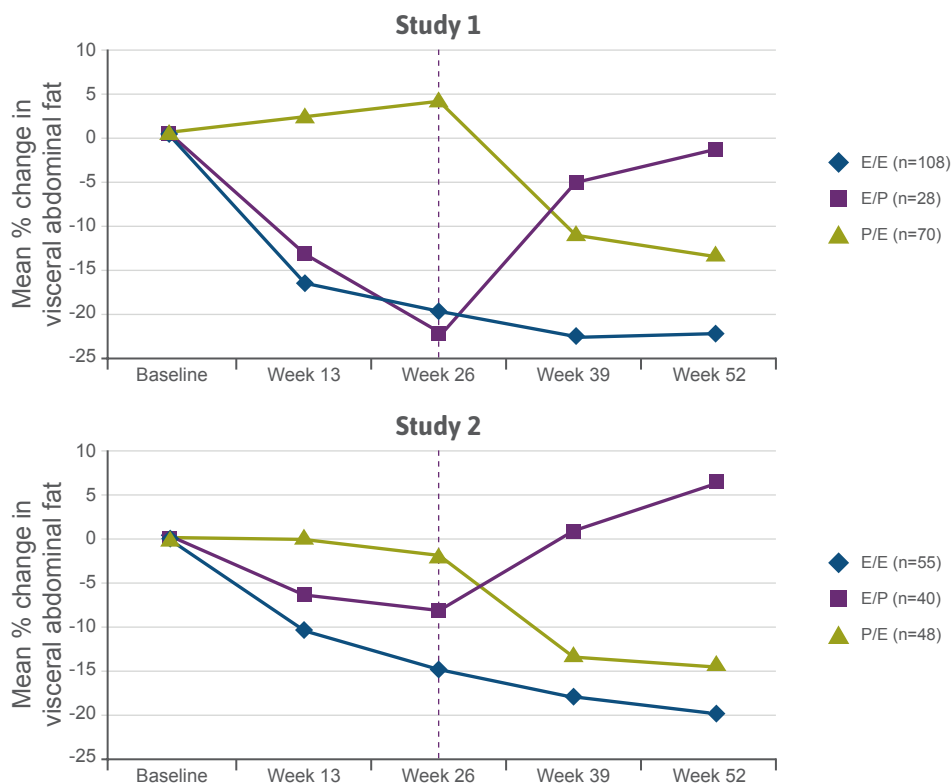
- Has a pituitary gland tumor, has had pituitary gland surgery, has other problems related to their pituitary gland, or has had radiation treatment to their head or a head injury.
- Has active cancer.
- Is allergic to tesamorelin or any of the ingredients in EGRIFTA SV<sup>®</sup>.
- Is pregnant or planning to become pregnant.

In two multicenter, randomized, double-blind, placebo-controlled clinical trials:

## Patients who received **EGRIFTA<sup>®</sup>** experienced a significant reduction in excess visceral abdominal fat<sup>1†‡</sup>

**Main Phase** 26 weeks  **16%** Average reduction in excess visceral abdominal fat<sup>†‡</sup> **Extension Phase** 52 weeks  **18%**

An expert panel in agreement with the FDA determined that a **≥8% decrease in excess visceral abdominal fat was clinically significant.**<sup>9</sup>



E = EGRIFTA; P = placebo. First letter refers to Main Phase, second letter refers to Extension Phase.



### IMPORTANT SAFETY INFORMATION

#### Drug Interactions

- **EGRIFTA SV<sup>®</sup>** had no significant impact on the pharmacokinetic profiles of simvastatin in healthy subjects.
- Monitor patients for potential interactions when administering **EGRIFTA SV<sup>®</sup>** in combination with other drugs known to be metabolized by CYP450 liver enzyme.
- Patients on glucocorticoids may require dosage adjustment upon initiation of **EGRIFTA SV<sup>®</sup>**.

In a post-hoc responder analysis<sup>†‡</sup> of data from two multicenter, randomized, double-blind, placebo-controlled clinical trials:

## **EGRIFTA<sup>®</sup>** responders experienced a significant reduction in excess visceral abdominal fat and waist circumference at 26 weeks that was maintained for up to 52 weeks<sup>†</sup>

**Main Phase** 26 weeks  **27%** Average reduction in excess visceral abdominal fat<sup>†‡</sup> **Extension Phase** 52 weeks  **31%**

#### Among responders, excess visceral abdominal fat:<sup>10†</sup>

- Decreased from 187 cm<sup>2</sup> to 137 cm<sup>2</sup>, approaching normal levels (<130 cm<sup>2</sup>) by Week 26.
- Was, on average, below normal levels (mean VAT: 129 ± 48 cm<sup>2</sup>) at Week 52.

The results of the post-hoc analysis were not part of the NDA, and therefore were not reviewed by the FDA to support the approval of **EGRIFTA<sup>®</sup>**.

The safety and effectiveness of **EGRIFTA SV<sup>®</sup>** has been established based on adequate and well-controlled studies with **EGRIFTA<sup>®</sup>** (tesamorelin for injection).

**EGRIFTA SV<sup>®</sup>** is not indicated for weight loss management.

**EGRIFTA SV<sup>®</sup>** is not approved for use in clinical conditions other than the reduction of excess abdominal fat.

**EGRIFTA SV<sup>®</sup>** has a weight-neutral effect, and may increase lean body mass by up to 5 pounds and has no BMI requirement<sup>1,10</sup>

FDA = Food and Drug Administration; NDA = New Drug Application.

† In two multicenter, randomized, placebo-controlled trials. The primary outcome for these trials was change from Week 26 to Week 52 in excess visceral abdominal fat by treatment group (**EGRIFTA<sup>®</sup>** Week 0–52 or **EGRIFTA<sup>®</sup>** Week 0–26 and placebo Week 26–52).

‡ A single-slice CT scan was used to quantify excess visceral abdominal fat.

### IMPORTANT SAFETY INFORMATION

#### Use in Specific Populations

**Lactation:** Mothers should not breastfeed if they receive **EGRIFTA SV<sup>®</sup>**.

**Pediatric Use:** Safety and effectiveness in pediatric patients have not been established.

**Geriatric Use:** There is no information on the use of **EGRIFTA SV<sup>®</sup>** in patients greater than 65 years of age.

**Renal and Hepatic Impairment:** Use in renal and hepatic impairment has not been studied.

# EGRIFTA SV<sup>®</sup> (tesamorelin for injection): Building on 10+ years of established safety<sup>†</sup>

## EGRIFTA SV<sup>®</sup> is generally well tolerated

Within the Phase 3 studies, 740 PWHIV who had lipodystrophy and excess abdominal fat received EGRIFTA<sup>®</sup>; of these, 543 received EGRIFTA<sup>®</sup> during the initial 26-week placebo-controlled Main Phase studies.<sup>1</sup>

The most commonly reported adverse events were:<sup>1</sup>

- Hypersensitivity reactions (rash, urticaria)
- Edema-related reactions (e.g., arthralgia, pain in extremity, peripheral edema, and carpal tunnel syndrome)
- Hyperglycemia
- Injection-site reactions (e.g., injection site erythema, pruritus, pain, urticaria, irritation, swelling, and hemorrhage)

The safety and effectiveness of EGRIFTA SV<sup>®</sup> has been established based on adequate and well-controlled studies with EGRIFTA<sup>®</sup> (tesamorelin for injection).

**EGRIFTA<sup>®</sup> was approved in 2010 and EGRIFTA SV<sup>®</sup> in 2019.**

<sup>†</sup>The safety of EGRIFTA SV<sup>®</sup> (2 mg/vial formulation) has been established based on clinical trials conducted with EGRIFTA<sup>®</sup> (1 mg/vial formulation). Adverse events for the 1.4 mg dose (2 mg/vial formulation) of EGRIFTA SV<sup>®</sup> are expected to be similar to those observed with the 2 mg dose (1 mg/vial formulation) of EGRIFTA<sup>®</sup>.

## IMPORTANT SAFETY INFORMATION

### Warnings and Precautions

- **Increased risk of neoplasms:** Preexisting malignancy should be inactive, and its treatment complete prior to starting EGRIFTA SV<sup>®</sup>. EGRIFTA SV<sup>®</sup> should be discontinued if the patient has evidence of recurrent malignancy.
- **Elevated IGF-1:** Monitor regularly IGF-1 levels in all patients during EGRIFTA SV<sup>®</sup> therapy. Consider discontinuing in patients with persistent elevations (e.g., >3 SDS).
- **Fluid retention:** May include edema, arthralgia, and carpal tunnel syndrome.
- **Glucose intolerance or diabetes mellitus:** May develop with EGRIFTA SV<sup>®</sup> use. Evaluate glucose status prior to and during therapy with EGRIFTA SV<sup>®</sup>.
- **Hypersensitivity reactions:** Advise patients to seek immediate medical attention and discontinue treatment if suspected.
- **Injection-site reactions:** Advise patients to rotate injection sites to different areas of the abdomen to decrease injection-site reactions.
- **Increased mortality in patients with acute critical illness:** Consider discontinuation in critically ill patients.

EGRIFTA SV<sup>®</sup> is a once-daily subcutaneous injection

## EGRIFTA SV<sup>®</sup> dosing & administration<sup>1</sup>

- Once-daily dosing of 1.4 mg (small volume of only 0.35 mL reconstituted solution)
- Store at room temperature (**no refrigeration required**)
- Small needle size (1/2 30-gauge needle)



Medication  
box

Injection  
box

**Available in a package of 2 boxes with a 30-day supply**

**Contact THERA patient support<sup>®</sup> to get your patients started  
with EGRIFTA SV<sup>®</sup> today!**



Our Nurse Navigators can enhance your patients' experience and promote treatment adherence.



The **ONLY** FDA-approved treatment for reducing excess abdominal fat in HIV-infected patients with lipodystrophy<sup>1</sup>

**27% demonstrated reduction in excess visceral abdominal fat in responders after 26 weeks of treatment.<sup>10</sup>**

**EGRIFTA SV<sup>®</sup> (tesamorelin for injection):  
Building on 10+ years of established safety.<sup>1</sup>**

**EGRIFTA SV<sup>®</sup> has a weight-neutral effect, and may increase lean body mass by up to 5 pounds and has no BMI requirement.<sup>1,10</sup>**

EGRIFTA SV<sup>®</sup> is not approved for use in clinical conditions other than the reduction of excess abdominal fat.

EGRIFTA SV<sup>®</sup> is not indicated for weight loss management.

## IMPORTANT SAFETY INFORMATION

### Adverse Reactions

The most commonly reported adverse reactions include injection-site reactions, arthralgia, pain in extremity, myalgia, and peripheral edema.

For complete disclosure of EGRIFTA SV<sup>®</sup> product information, please read the **Full Prescribing Information**, available at [www.egriftasv.com](http://www.egriftasv.com).

For more information about EGRIFTA SV<sup>®</sup>, contact THERA patient support<sup>®</sup> toll-free at 1-833-23THERA (1-833-238-4372). To report suspected adverse reactions, contact THERA patient support<sup>®</sup> toll-free or FDA at 1-800-FDA-1088 or [www.fda.gov/medwatch](http://www.fda.gov/medwatch).

**References:** **1.** EGRIFTA SV<sup>®</sup> (tesamorelin for injection) Prescribing Information. Theratechnologies Inc. October 2019. **2.** Moyle G, Moutschen M, Martínez E, et al. Epidemiology, assessment, and management of excess abdominal fat in persons with HIV infection. *AIDS Rev.* 2010;12(1):3-14. **3.** Lake JE, et al. Practical review of recognition and management of obesity and lipohypertrophy in human immunodeficiency virus infection. *Clin Infect Dis.* 2017;64(10):1422-1429. **4.** Rietschel, P, Hadigan C, Corcoran C, et al. Assessment of growth hormone dynamics in human immunodeficiency virus-related lipodystrophy. *J Clin Endocrinol Metabolism.* 2001;86:504-10. **5.** Janssen I, Heymsfield SB, Allison DB, Kotler DP, Ross R. Body mass index and waist circumference independently contribute to the prediction of nonabdominal, abdominal subcutaneous, and visceral fat. *Am J Clin Nutr.* 2002;75(4):683-688. **6.** Joy T, Keogh HM, Allison DB, Hadigan C, et al. Relationship of Body Composition to BMI in HIV-Infected Patients with Metabolic Abnormalities. *J Acquir Immune Defic Syndr.* 2008;47(2):174-84. **7.** Stanley TL, Grinspoon SK. Effects of growth hormone-releasing hormone on visceral fat, metabolic, and cardiovascular indices in human studies. *Growth Horm IGF Res.* 2015;25(2):59-65. **8.** Bedimo R, Gonzalo T, McGary CS, et al. Visceral fat reduction with tesamorelin associated with metabolic syndrome reversal (abstract 709). Conference on Retroviruses and Opportunistic Infections. 2023. **9.** Snyder SW. Regulatory Considerations for the Treatment of Lipodystrophy. Report of a Forum for Collaborative HIV Research Roundtable discussion. October 25, 2004; Washington DC. **10.** Stanley TL, Falutz J, Marsolaïs C, et al. Reduction in visceral adiposity is associated with an improved metabolic profile in HIV-infected patients receiving tesamorelin. *Clin Infect Dis.* 2012;54(11):1642-1651.